

**Program 2nd Lustrum Congress NVTS
Friday 6th April 2018**



MRAmsterdam

- 08.45 – 09.00** ***Registration Annual Meeting***
- 09.00 – 10.00** ***NVTS Annual Meeting***
- 10.00 – 10.25** ***Coffee break & Registration NVTS Congress***
- 10.25 – 10.30** ***Aarnoud Hoekema; Welcome***
- 10.30 – 11.00** ***Eppo Wolvius; Upper airway at risk in craniofacial anomalies***
- 11.00 – 11.45** ***Kate Sutherland; Can we predict efficacy of oral appliance therapy?***
- 12.00 – 12.30** ***Grietje Knol-de Vries; MAD versus CPAP: a randomized controlled trial in moderate OSA***
- 12.30 – 13.30** ***Lunch Break***
- 13.30 – 14.15** ***Keith Thornton; Long-term management of the severe sleep apnea patient***
- 14.15 – 15.00** ***Gerard Kerkhof; Title will follow***
- 15.00 – 15.30** ***Tea Break***
- 15.30 – 16.00** ***Maurits de Ruiter; Assessment of success and failure after maxillomandibular advancement for patients with obstructive sleep apnea***
- 16.00 – 16.30** ***Dirk Pevernagie; Highlights of the new Dutch OSA guideline***
- 16.30 – 17.00** ***Francesca Milano; Overview of current MADs and a step towards the personalization according to the patient characteristics***
- 18.00 – 19.00** ***Canal Cruise with drinks (disembark DoubleTree by Hilton)***
- 19.00 – 19.30** ***Drinks Skylounge DoubleTree by Hilton***
- 19.30 – 23.00** ***Lustrum Banquet & DJ SkyLounge DoubleTree by Hilton***
- 23.00 – 23.30** ***Boat Schuttle back to Heineken Experience***

Program 2nd Lustrum Congress NVTS
Saturday 7th April 2018



MRAmsterdam

- 08.30 – 08.55** **Intake**
- 08.55 – 09.00** **Aarnoud Hoekema; Welcome**
- 09.00 – 09.45** **Klaas van Kralingen; Sleep 2018: the normal and pathological**
- 09.45 – 10.30** **Shouresh Charkhandeh; How to improve clinical outcome and workflow efficiency utilizing a fully digital workflow for oral appliance therapy**
- 10.30 – 11.00** **Coffee Break**
- 11.00 – 11.30** **Alexander Meyer; 4 Decades of oral appliance therapy in the treatment of obstructive sleep apnea. Are we really all doing the same and could we do better?**
- 11.30 – 12.30** **Rolf Maijer; Sleep-Health in elite athletes**
- 12.00 – 12.30** **Jagdeep Bijwadia; Changing physician behavior: resistance to prescribing dental devices**
- 12.30 – 13.30** **Lunch Break**
- 13.30 – 14.00** **Preetam Schramm; Oral appliance therapy for improving sleep quality during pregnancy: a controlled clinical trial**
- 14.00 – 14.45** **Kate Sutherland; Effectiveness of oral appliances: cardiovascular outcomes**
- 14.45 – 15.15** **Christel de Raaff; Obstructive sleep apnea in bariatric surgery - time to wake up!**
- 15.15 – 15.30** **Aarnoud Hoekema; General discussion & closing remarks**
- 15.30** **Farewell Drinks**